

Find More Savings Through Cost Containment

Cost containment is reducing medical plan costs through strategic, data-driven methods. It's not about slashing benefits – it's about smarter spending.

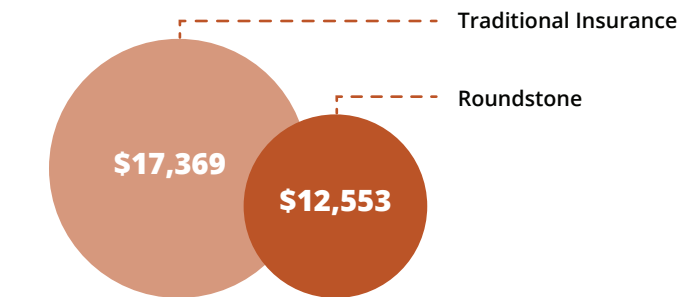
Strategies for Proactive Cost Management

-  **Wellness and Preventative Care:** Address health issues before they're a high expense
-  **Claims Analysis:** Access claims to understand key drivers
-  **Preferred Providers:** Choose a network with strong discounts and high performing providers
-  **Alternative Care Models:** Reduce cost through innovate care delivery, like telehealth and direct primary care
-  **Pharmacy Cost Management:** Partner with the right pharmacy benefits manager (PBM) to access the best formulary

The Savings Accelerator: Our Approach to Cost Containment

Our approach helps employers prevent and tackle bigger claims. We analyze claims to identify risk, recommend vetted strategies with trusted partners, and empower employers to choose the right solutions.

Tier 1: For Everyone Programs every company can benefit from with no upfront commitment	• Digital therapy solutions • Women's health • Chronic disease management • Infusion site of care steerage	• Cancer early detection and management
Tier 2: For Your Population Targeted solutions aligned to your workforce demographics	• Medicare education • Concierge and telemedicine • Mental health resources • Member billing assistance	• Spousal HRA • Direct Primary Care • GLP-1 solutions • Surgical and imaging bundles
Tier 3: For Your Specific Member Precision tools to address specific high-cost claims	• Alternative drug sourcing • Single case agreements	



On average, Roundstone's approach results in a **25% reduction in healthcare spend** per employee per year (PEPY) compared to the industry standard.

Roundstone Works with Many Partners to Lower the Cost of Care

We rigorously vet every partner to ensure they meet our high standards for value and effectiveness. Here are our most commonly utilized solutions — we are always researching new partners to lower costs for you.

	DESCRIPTION	IMPACT ON COSTS
For Everyone		
Omada Health	Digital health coaching and diabetes, hypertension, and weight loss	Helps both diagnosed and at-risk members manage conditions to reduce disease progression and prevent larger medical events
Sword Health	Digital health platform that helps members treat MSK and pelvic health issues	Affordable PT access with AI support to relieve pain and avoid unnecessary procedures
Cigna Specialty Site of Care	Infusion drug management program	Steers members to home infusions or lower cost infusion center
Color Health	Oncologist-led, clinical cancer care from early detection to active treatment and survivorship	Guides members through early detection and coordinates cancer care efficiently to lower costs
Pomelo Care	Specialized care for high-risk pregnancies, postpartum, newborns, and midlife health	Helps manage high-risk pregnancies and postpartum care, reducing complications, avoidable ER visits, and healthcare costs
For Your Population		
Rightway	Clinical care navigation	Makes it easier for members to engage with their preventative benefits, identifying high quality, low cost providers and scheduling appointments
FEDLogic	Medicare, ESRD, and other qualifying conditions education and advocacy program	Offers navigation support for alternative healthcare coverage through government programs
GoodBill	Service for members to save on the member responsibility for hospital bills	Helps members apply for financial aid and check for billing errors
Hint Connect	Direct Primary Care (DPC) Network	Improves and simplifies access to primary care, enhancing preventative care while reducing ER visits and unnecessary specialty care

	DESCRIPTION	IMPACT ON COSTS
For Your Population		
SupportLinc	Employee assistance program	Provides fast access to licensed behavioral health counselors at no cost to the employee
Healia	Spousal health reimbursement arrangement (HRA) benefits administration	Helps employees compare plans side by side and supports moving to their working spouse's plan
Embla	Fully managed weight and cardiometabolic care with low-dose GLP-1s and behavior-first coaching	Helps members achieve lasting weight loss with less medication, expanding care for obesity and cardiometabolic risk while reducing spend
Välentz Surgical & Imaging	Bundled episode-of-care program for non-emergent surgery and major imaging	Steers members to high-quality facilities at a single bundled rate with no member cost share, avoiding variable hospital pricing on high-cost procedures
For Your Specific Member		
SHARx	Specialty drug overlay program that finds more affordable ways to procure high-cost drugs	Helps the member enroll in patient assistance or source the drug internationally
ScriptSourcing	Specialty drug overlay program that finds more affordable ways to procure high-cost drugs	Helps the member apply for manufacturer assistance or source the drug internationally