



Medical  
Captive  
Forum

MAY 18 + 19 | HILTON CLEVELAND DOWNTOWN

# MCF 2022 Agenda

**5/18**

## ARRIVE IN CLEVELAND, OH

6:00pm-8:30pm

Welcome Reception  
3rd Level Lakeside Foyer

**5/19**

## MEDICAL CAPTIVE FORUM BEGINS

7:00am-8:30am

Birds of a Feather Breakfast  
Hope Ballroom E

8:30am-9:00am

Opening and Welcome Keynote  
Hope Ballroom D

9:00am-9:45am

How Employers and Employees Can Beat the High Cost of Health Care Together: Fireside Chat  
Hope Ballroom D | with Marshall Allen and Chas Roades, Moderated by Thomas Campanella

9:45am-10:00am

### BREAK

10:00am-10:45am

After the Switch: Self-Funded Employers, What Happens Next?  
Hope Ballroom D | with Jay Booth (CEO, Capital Group Benefits), Brian Grupac (Controller, PGTEK), Amanda Brown (Benefits Consultant, First Insurance Group) and Joyce Luallen-Black (Accounting and HR Manager, Jerl Machine), Moderated by Rob Hamilton

10:45am-11:00am

### MID-MORNING STRETCH AND BREAK

11:00am-11:45am

Thrive Together: Building a Strong Culture and Passionate Teams  
Hope Ballroom D | with Joshua M. Evans

11:45am-1:00pm

**LUNCH BREAK**  
Hope Ballroom E

1:00pm-1:45pm

Breakout Session #1\*  
Hope Ballroom A, Hope Ballroom B,  
Hope Ballroom C, Center Street D

1:45pm-2:00pm

### BREAK

2:00pm-2:45pm

Breakout Session #2\*  
Hope Ballroom A, Hope Ballroom B,  
Hope Ballroom C, Center Street D

2:45pm-3:00pm

### BREAK

3:00pm-3:15pm

Award Ceremony  
Hope Ballroom D

3:15pm-4:00pm

Closing Keynote  
Hope Ballroom D | with John  
"Gucci" Foley



\*Breakout sessions listed on next page

## Breakout Sessions (Choose 2)

<p><b>Show Me the Money: Winning Cost Containment Strategy</b> <i>with Nate Szabo, Daniel Demyan</i></p>	<p>Which cost containment solutions really work? We've lined up our most popular (and highest savings generating) solutions for a breakout session you won't want to miss. You'll walk away with a shortlist of top cost containment programs to square up against your data and find a strategy that works for you.</p>
<p><b>In It for the Long Haul: Planning a Long-Term Strategy</b> <i>with Mike Schroeder, Chad Buskirk</i></p>	<p>Health insurance shouldn't be a one-year commitment. Some employers feel they have no choice every year but to get quotes from various mega insurance carriers and hope for the best- that is one expensive merry-go-round ride! Join Roundstone founder and President Mike Schroeder and CFO Chad Buskirk to learn about:</p> <ul style="list-style-type: none"> <li>• the building blocks to have in place to secure a strong foundation for your health insurance plan</li> <li>• why treating health insurance a long-term strategy promotes more savings down the road</li> <li>• how to compare renewal rates from a self-funded plan to a fully insured plan</li> </ul> <p>Get the blueprint for long-term savings.</p>
<p><b>Self-Funding 101: More Than a Funding Strategy</b> <i>with Jeff Barnesky (Hylant), Denny Bass (HUB), Jeff Evans (USI Erie), Peter Freska (LBL Group), Jessica Du Bois (Risk Strategies), Rob Hamilton</i></p>	<p>Want to brush up on the basics? In this session, you'll learn what we mean when we say "self-funded", "medical captive", "PBM", "TPA", and (our favorite) "distribution check". You'll have an opportunity to ask all your questions and concerns. Whether you know a little bit about self-funding and are looking to learn more, or are brand new to the solution and are intrigued to figure out how it works, this session is for you!</p>
<p><b>Alt Rock: Alternative Networks, High Performing Networks, and RBP</b> <i>with Tom Renli (Cigna), Will Slocum (6 Degrees Health), Jeff Penn (Claims Bridge), Beth Snyder</i></p>	<p>What's the deal with RBP? In fact, there are a whole host of alternative networks you can build for yourself and rely on when the in-network price just won't come down. Join panelists from Claims Bridge, 6 Degrees Health, and CIGNA for this discussion on non-traditional networks and how to work within and beside networks and providers to get the best price.</p>

