

Roundstone's

COST CONTAINMENT PHILOSOPHY



Why is Cost Containment Important?

Roundstone's cost containment philosophy follows the three pillars of our captive programs: **transparency**, **control**, and **cost savings**. When considering and implementing strategies to control your employee health benefit spend, the following steps are critically important.

Review Claim Cost Detail

You cannot manage what you cannot measure. Taking advantage of the transparency offered by Roundstone's captive self-funding solution will open a window to the cause of rising health care costs.

Tailor Your Plan's Response

Once the claim trends and causes are identified, exercising control over the strategies selected and applied to control costs is important. Your control and ability to tailor a cost containment solution to your own business allows costs drivers to be managed most effectively.

Savings Stay with You

Your best strategy to limit the increase of health insurance costs is to approach funding over a multi-year perspective with a strategy that returns savings to you when your management and control of costs creates savings. Not surprisingly, your efforts at cost containment are best rewarded when cost savings stay with you and your employees. Pick a funding strategy that delivers the savings to you: Roundstone's self-funded captive solution is the right choice.

Cost Saving Tips

- 1** When considering the engagement of a cost containment partner, consider at least two options. There may be several good choices, but seemingly minor differences can have a significant impact.
- 2** Review your claims data to recognize trends. Certain conditions like cancer and diabetes don't affect every group. But if you are dealing with these issues, targeted case management is available.
- 3** Select a Pharmacy Benefits Manager who will customize solutions to address your needs and areas of high cost.
- 4** Leadership support and endorsement of employee health is step one for any company wellness strategy. Adjust, revise and rework wellness programs to assure a favorable impact to your employees' health.
- 5** Take advantage of Roundstone's Cost Savings Investigators' for an overall effective cost containment strategy. Share your questions, concerns and experiences with your advisor, the CSI Team, and your cost containment partners.